

Total Warrior - 2018 Lakes Sunday 10 Mile Final Wave Times

First name	Last name	Team name	Current Wave
Aaron	Gothard		Wave One (10:00)
Aaron	Arkley	Gym Unique	Wave One (10:00)
ADAM	MAYHEW		Wave One (10:00)
Adam	McGrath		Wave One (10:00)
Adam	Albert	Buns of Steel - Captain	Wave Two (10:20)
Adam	Cowperthwaite	LMC Tackling Inactivity - Captain	Wave Two (10:20)
Adam	Cross	Not fast but furious	Wave Two (10:20)
Adam	Clark	The Megas	Wave Two (10:20)
Aimee	Blurton	Muddy Madness	Wave One (10:00)
Aiva	Gevele	Latvian Soul Crushers	Wave Two (10:20)
Alan	Gowling		Wave One (10:00)
Alan	Watson	Silky Smooth Superheroes	Wave Two (10:20)
Alan	Bottomley	Will Stop For Cake	Wave One (10:00)
Alar	Allik		Wave One (10:00)
Alex	Heeney		Wave One (10:00)
Alex	Reed		Wave One (10:00)
Alex	Short	Been there, done that, got ALL the t-shir	Wave One (10:00)
Alex	Ward	Black lion	Wave One (10:00)
Alex	Sidey	Four in the stink	Wave Two (10:20)
alex	fawcett	stockton portrack	Wave One (10:00)
Alex	Vaughan	Team Racedate	Wave One (10:00)
Alison	Bell	Horwich Massive	Wave One (10:00)
Alison	Nolan	Nolans International Flying Warriors	Wave One (10:00)
Alistair	Couper		Wave One (10:00)
Allan	Lehan	Not Fast, Just Furious	Wave Two (10:20)
Amanda	Earnshaw	Crazy Fools	Wave One (10:00)
Amy	Fincher	Not fast but furious	Wave Two (10:20)
Ana-Maria	Guzman	Kendal Hammerheads	Wave One (10:00)
Andrea	Berquez	Team OMRM - Captain	Wave One (10:00)
Andrew	Armitage		Wave One (10:00)
Andrew	Dobinson		Wave Two (10:20)
Andrew	Dickson	Slodge warriors - Captain	Wave Two (10:20)
Andrew	Nicholson	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Andy	Done		Wave One (10:00)
Andy	Stothard	Nolans International Flying Warriors	Wave One (10:00)
Andy	Hallahan	Not fast but furious	Wave Two (10:20)
Andy	Brown	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Andy	Turner	The Jocks - Captain	Wave Two (10:20)
Andy	Croasdale	V1ntage	Wave Two (10:20)
angela	harness		Wave Two (10:20)
Angela	Haslam	Been there, done that, got ALL the t-shir	Wave One (10:00)
Ann	Revell	Silky Smooth Superheroes	Wave Two (10:20)
Anthony	Staffieri		Wave One (10:00)
Anthony	Tasker		Wave Two (10:20)
Anthony	Hughes	Wolf Pack	Wave Two (10:20)

Ash	Bushay	Not fast but furious	Wave Two (10:20)
Ben	Nolan	Nolans International Flying Warriors	Wave One (10:00)
Benjamin	Penrice		Wave One (10:00)
Benjamin	Bacall	Buns of Steel	Wave Two (10:20)
Beth	Mason	Kendal Hammerheads - Captain	Wave One (10:00)
Bruce	McConnell	Team Racedate - Captain	Wave One (10:00)
Caili	Beckham		Wave Two (10:20)
Callum	Marshall	Black lion	Wave One (10:00)
Calum	Samson	Not fast but furious	Wave Two (10:20)
caroline	dixon		Wave Two (10:20)
Catherine	Purdy	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Charli	Brown	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Charlie	Burrows		Wave One (10:00)
Charlotte	Manchester		Wave One (10:00)
Chellie	Lomax	Not Fast Just Furious	Wave Two (10:20)
Chris	Ashton		Wave One (10:00)
Chris	corless		Wave One (10:00)
Chris	Garton		Wave One (10:00)
Chris	Pike		Wave One (10:00)
chris	strickley		Wave One (10:00)
Chris	Jefferson	Four in the stink	Wave Two (10:20)
Chris	Halliday	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Chris	Fall	Team Sloth OCR - Captain	Wave One (10:00)
Chris	Halsall	Wigan warriors	Wave One (10:00)
Christian	Sellars	Wakanda Forever	Wave Two (10:20)
Christopher	Wilson	Muddy Madness - Captain	Wave One (10:00)
Christopher	Old	The First Men In	Wave Two (10:20)
Cian	O'Donnell	Defying Stigma - Captain	Wave One (10:00)
Clair	Suttie	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Claire	Dumbell		Wave Two (10:20)
Claire	Kelly	Sissy Pissy	Wave Two (10:20)
Clare	Petrie		Wave One (10:00)
Colin	Whelan	Balls Deep - Captain	Wave One (10:00)
Conor	Adams	LMC Tackling Inactivity	Wave Two (10:20)
Courtney	Lant	Gym Unique	Wave One (10:00)
Craig	Johnson	Consett Cranks	Wave Two (10:20)
Cristian	Fiscutean Rus		Wave Two (10:20)
Curtis	Barley	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Dale	Haworth		Wave One (10:00)
Damon	Humphreys	My guys - Captain	Wave Two (10:20)
Dan	Shorrock		Wave One (10:00)
Dan	Fordy	stockton portrack	Wave One (10:00)
Dan	Jones	Team Racedate	Wave One (10:00)
Daniel	Lane		Wave Two (10:20)
Daniel	Bird	Barebackriders	Wave Two (10:20)
Daniel	Smith	Consett Cranks	Wave Two (10:20)
Daniel	Taylor	Slodge warriors	Wave Two (10:20)
Daniel	Proctor	Team Turcher	Wave One (10:00)

Daniel	Millington	Wolf Pack - Captain	Wave Two (10:20)
Danielle	Robertson		Wave One (10:00)
Danny	Hedley	The First Men In	Wave Two (10:20)
Darren	Wright		Wave One (10:00)
Darren	Cayton	Horwich Massive	Wave One (10:00)
Dave	Burton		Wave One (10:00)
Dave	Rogers		Wave One (10:00)
david	collins		Wave One (10:00)
David	Hamlet		Wave Two (10:20)
David	Parkinson		Wave One (10:00)
david	mckellen	Horwich Massive	Wave One (10:00)
David	Carr	The First Men In - Captain	Wave Two (10:20)
David	Murphy	Team Bad Joke	Wave Two (10:20)
Dean	Robinson	Wakanda Forever	Wave Two (10:20)
Debbie	Hinsley	V1ntage	Wave Two (10:20)
Derek	Emery	Consett Cranks - Captain	Wave Two (10:20)
Diane	Clark		Wave Two (10:20)
Dougie	Mckay		Wave Two (10:20)
Eleanor	Rigby	Legitness	Wave One (10:00)
Elizabeth	Walker		Wave Two (10:20)
Elliot	Duncanson		Wave Two (10:20)
Ellyse	Bateman	Muddy Madness	Wave One (10:00)
Emily	Hodgson		Wave One (10:00)
Emma	Price	V1ntage	Wave Two (10:20)
Faye	Woodhouse	Three ladies and a little man	Wave Two (10:20)
Fernando	Abellan		Wave One (10:00)
Gareth	Trow	Horwich Massive	Wave One (10:00)
Gary	Atkinson		Wave One (10:00)
Gary	Holliday		Wave One (10:00)
Gary	Pennington		Wave Two (10:20)
Gary	Scott		Wave One (10:00)
gary	shorrock		Wave Two (10:20)
Gary	Scott	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Gavin	Scott	Team Racedate	Wave One (10:00)
Gemma	Miller	LMC Tackling Inactivity	Wave Two (10:20)
Genavieve	Fairbotham	Multinational Mudbloods	Wave One (10:00)
Gillian	Capper	Team Bad Joke	Wave Two (10:20)
Glyn	Howson-Griffiths	The Mud, The Bad and The Ugly	Wave Two (10:20)
Greg	Fairbotham	Multinational Mudbloods - Captain	Wave One (10:00)
Hannah	Gregory	Totally Unfit Misfits - Captain	Wave Two (10:20)
Harrison	Scott	Gym Unique	Wave One (10:00)
Harry	Kolinsky		Wave One (10:00)
Heather	Haslam	Been there, done that, got ALL the t-shirt	Wave One (10:00)
Heidi	Atkins	V1ntage	Wave Two (10:20)
Helen	Luszczak	LMC Tackling Inactivity	Wave Two (10:20)
Helen	McIntyre	Team Bad Joke - Captain	Wave Two (10:20)
Holly	Gunn	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Iain	Campbell	The Jocks	Wave Two (10:20)

ian	harland		Wave Two (10:20)
Jack	Birkett	Crazy Fools	Wave One (10:00)
Jack	Leach	Leach - Captain	Wave Two (10:20)
Jack	Calvert	Legitness - Captain	Wave One (10:00)
Jackie	Gavin	V1ntage	Wave Two (10:20)
Jackson	Garner		Wave One (10:00)
Jake	Smith	Wolf Pack	Wave Two (10:20)
James	Appleton		Wave One (10:00)
James	Haile		Wave Two (10:20)
James	Lambert		Wave One (10:00)
James	Middleton		Wave Two (10:20)
James	Halliwell	Balls Deep	Wave One (10:00)
James	Blemings	Consett Cranks	Wave Two (10:20)
James	Hatcher	Hatcher - Captain	Wave One (10:00)
James	Chetwood	Multinational Mudbloods	Wave One (10:00)
James	Purfield	Not Fast, Just Furious	Wave Two (10:20)
James	Campbell	The Megas - Captain	Wave Two (10:20)
James	Pass	Will Stop For Cake - Captain	Wave One (10:00)
Jamie	Bowes		Wave Two (10:20)
Jamie	Lowe	Barebackriders	Wave Two (10:20)
Jamie	Southern	Team Bad Joke	Wave Two (10:20)
Jamie	Menzies	V1ntage	Wave Two (10:20)
Jan Josef	van marken		Wave Two (10:20)
Jane	Wilkes	Muddy Madness	Wave One (10:00)
Jason	Brunnock		Wave One (10:00)
Jason	Burgess		Wave One (10:00)
Jason	Whistlecraft		Wave One (10:00)
Jason	Watkin	Elite Forces Stockton VAE - Captain	Wave One (10:00)
Jay	Ritchie		Wave Two (10:20)
Jay	Campbell	Team Bad Joke	Wave Two (10:20)
Jeannie	Owens	Not Fast Just Furious	Wave Two (10:20)
Jennie	Fasolino	Team Bad Joke	Wave Two (10:20)
Jennifer	Eamer		Wave One (10:00)
Jesse	Kemp	Gym Unique	Wave One (10:00)
Jessica	Penrice		Wave One (10:00)
Jesus	Garcia	Espartanos - Captain	Wave Two (10:20)
Jim	Latto		Wave One (10:00)
JOE	STEVENS		Wave One (10:00)
John	Dillon		Wave Two (10:20)
john	hanmer		Wave Two (10:20)
John	Hurst		Wave Two (10:20)
John	Lavender		Wave Two (10:20)
John	Martin		Wave Two (10:20)
John	RoDgers		Wave Two (10:20)
John	Liddle	Black lion - Captain	Wave One (10:00)
John	Cronin	Not fast but furious - Captain	Wave Two (10:20)
John	Harrison	Not fast but furious	Wave Two (10:20)
John	Forth	Silky Smooth Superheroes - Captain	Wave Two (10:20)

John	Doherty	Team Turcher	Wave One (10:00)
Jonathan	Sunley		Wave One (10:00)
Jonathan	Lee	Team Turcher	Wave One (10:00)
Jonathan	Ward	The Mud, The Bad and The Ugly - Captai	Wave Two (10:20)
Joseph	McGrath		Wave One (10:00)
Joseph	Doyle	Wolf Pack	Wave Two (10:20)
Joss	Revely	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Joy	Stevens		Wave One (10:00)
Julie	Forster	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Julie	Menzies	V1ntage	Wave Two (10:20)
Justin	Ruta	Team Turcher	Wave One (10:00)
Karl	Burnett		Wave Two (10:20)
Kate	Arnold		Wave One (10:00)
Katherine	France	Kendal Hammerheads	Wave One (10:00)
Kellie	Woods	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Kelly	Compson		Wave One (10:00)
Kelly	Burke	V1ntage	Wave Two (10:20)
Kieran	Green	Wolf Pack	Wave Two (10:20)
Kieron	Ross	Race Fitness - Captain	Wave One (10:00)
Kirsteen	Miller		Wave One (10:00)
Kirsty	Naylor		Wave One (10:00)
Kristian	McDermott		Wave One (10:00)
Laura	Whittle	Crazy Fools - Captain	Wave One (10:00)
Laura	Blamire	Kendal Hammerheads	Wave One (10:00)
Laura	Kelly	Sissy Pissy - Captain	Wave Two (10:20)
Lauren	Whelpdale		Wave Two (10:20)
Leah	Muller	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Lee	Jackson		Wave One (10:00)
lee	llewellyn		Wave Two (10:20)
Lee	Hodgson	Four in the stink	Wave Two (10:20)
Lee	Powell	Horwich Massive	Wave One (10:00)
lee	twizell	stockton portrack - Captain	Wave One (10:00)
Lester	Lee	Latvian Soul Crushers - Captain	Wave Two (10:20)
Lewis	Sargeant	Not fast but furious	Wave Two (10:20)
Liam	Arnold		Wave One (10:00)
Liam	Collins		Wave Two (10:20)
Liam	Collins		Wave Two (10:20)
Liam	Williams	LMC Tackling Inactivity	Wave Two (10:20)
Liam	Wild	stockton portrack	Wave One (10:00)
Liam	Hill		Wave Two (10:20)
Libby	Thwaites	LMC Tackling Inactivity	Wave Two (10:20)
Liga	Jekabsone	Multinational Mudbloods	Wave One (10:00)
Lisa	Glenholmes	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Lorraine	Smith		Wave Two (10:20)
Lorraine	Dove	Not fast but furious	Wave Two (10:20)
Louis	Cornforth	Wakanda Forever - Captain	Wave Two (10:20)
Louise	Mason		Wave Two (10:20)
Louise	Dryden	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)

Lucy	Watts	Ossy	Wave Two (10:20)
Lucy	Farrell	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Lukas	Brown	LMC Tackling Inactivity	Wave Two (10:20)
Luke	Sheard	The Mud, The Bad and The Ugly	Wave Two (10:20)
Lynsey	Dixon	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Malcolm	Dixon		Wave Two (10:20)
Mara	Gomes		Wave Two (10:20)
Marc	Teran	Black lion	Wave One (10:00)
Maria	Dowson	NCT MASSIVE	Wave One (10:00)
Mark	Guest		Wave One (10:00)
Mark	Simpson	Elite Forces Stockton VAE	Wave One (10:00)
Mark	Neal	My guys	Wave Two (10:20)
Mark	Hosgkiss	Team Racedate	Wave One (10:00)
Mark	Hillas	Consett Cranks	Wave Two (10:20)
Martin	Lansley		Wave One (10:00)
Martyn	Atkinson		Wave Two (10:20)
Martyn	Hodgson		Wave One (10:00)
Martyn	Ford	stockton portrack	Wave One (10:00)
Mathew	Rogers		Wave Two (10:20)
Matthew	Buck		Wave One (10:00)
Matthew	Pearson		Wave One (10:00)
Matthew	Hopkins	Barebackriders - Captain	Wave Two (10:20)
Matthew	Appleby	Totally Unfit Misfits	Wave Two (10:20)
Megan	Middlemiss	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Melissa	Walker	John might swim - Captain	Wave Two (10:20)
Michael	David		Wave One (10:00)
Michael	Harrison		Wave Two (10:20)
michael	middleton		Wave Two (10:20)
Michael	Whittle	Crazy Fools	Wave One (10:00)
Michelle	Ball	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Michelle	Lomax	Not Fast Just Furious - Captain	Wave Two (10:20)
Mick	nolan	Nolans International Flying Warriors - Captain	Wave One (10:00)
Mike	Hewitt		Wave Two (10:20)
Mike	McKenzie		Wave Two (10:20)
Mike	Brett	Not fast but furious	Wave Two (10:20)
Natalie	Temple	LMC Tackling Inactivity	Wave Two (10:20)
NATALIE	COYNE	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
neil	handley		Wave One (10:00)
Neil	Robinson		Wave One (10:00)
Neil	Horton-James	Not fast but furious	Wave Two (10:20)
Neil	Graney	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Neil	Eccleston	Wigan warriors - Captain	Wave One (10:00)
Nick	Auty	Elite Forces Stockton VAE	Wave One (10:00)
Nicky	Mileham		Wave Two (10:20)
Nicola	Moore	V1ntage - Captain	Wave Two (10:20)
Nicole	Knight		Wave Two (10:20)
NURIA STEPHAN	CHHABRA		Wave One (10:00)
Oliver	Macpherson	Wakanda Forever	Wave Two (10:20)

Paul	Newbrook		Wave Two (10:20)
Paul	Newey		Wave One (10:00)
Paul	Spooner		Wave Two (10:20)
Paul	Spooner		Wave Two (10:20)
Paul	Alexander	My guys	Wave Two (10:20)
Paul	Woodhouse	NCT MASSIVE	Wave One (10:00)
Paul	Tenn	Not fast but furious	Wave Two (10:20)
Paul	Buckley	Team Turcher - Captain	Wave One (10:00)
Pete	Lambert		Wave One (10:00)
Peter	Docherty		Wave One (10:00)
Phil	Bowler	Gym Unique - Captain	Wave One (10:00)
Philip	Marks	Been there, done that, got ALL the t-shir	Wave One (10:00)
Phillip	Woods		Wave Two (10:20)
Rachel	Lea	Not Fast Just Furious	Wave Two (10:20)
Ray	Swainston		Wave Two (10:20)
Rebecca	Guy		Wave Two (10:20)
Rebecca	Cayton	Horwich Massive - Captain	Wave One (10:00)
Rebecca	Dowson	Ossy - Captain	Wave Two (10:20)
Rich	Adam		Wave Two (10:20)
Rich	Enderby		Wave One (10:00)
Richard	Oneill	Nolans International Flying Warriors	Wave One (10:00)
Richard	Besanko	Not fast but furious	Wave Two (10:20)
Richard	Leask	Team Racedate	Wave One (10:00)
RICHIE	HOOD	TEAM PFC - TOTAL WARRIOR 2018 - Cap	Wave One (10:00)
Ritchie	Beckham		Wave Two (10:20)
Rob	Wood		Wave Two (10:20)
Rob	Heath	The Jocks	Wave Two (10:20)
ROBBIE	BLEMINGS	Consett Cranks	Wave Two (10:20)
Robbie	Helyer	stockton portrack	Wave One (10:00)
Robert	Lyon	NCT MASSIVE	Wave One (10:00)
Robert	Eames	Team Turcher	Wave One (10:00)
Rod	Burke		Wave Two (10:20)
Ross	Duncanson		Wave Two (10:20)
Ross	Seiwright	Nolans International Flying Warriors	Wave One (10:00)
Roxana	Sandu	Not Fast, Just Furious	Wave Two (10:20)
Ruth	Woodhouse	NCT MASSIVE - Captain	Wave One (10:00)
Sally	Conyers	Team Bad Joke	Wave Two (10:20)
Sam	Jeffrey	Bunch of Wally's - Captain	Wave Two (10:20)
sam	nolan	Nolans International Flying Warriors	Wave One (10:00)
Sarah	Howson		Wave One (10:00)
Sarah	Earl	LMC Tackling Inactivity	Wave Two (10:20)
Sarah	Cullinan	Wakanda Forever	Wave Two (10:20)
Sbebby	Qamar	Not fast but furious	Wave Two (10:20)
scott	evans	Wolf Pack	Wave Two (10:20)
Sean	O'Neill		Wave Two (10:20)
Shane	Mounsey		Wave One (10:00)
Shaun	Jones		Wave Two (10:20)
Shawn	Kenny		Wave Two (10:20)

Sheila	Lea	Not Fast Just Furious	Wave Two (10:20)
Sian	Charity	Gym Unique	Wave One (10:00)
simon	brady		Wave One (10:00)
Simon	Adams	NCT MASSIVE	Wave One (10:00)
simon	caple	Not fast but furious	Wave Two (10:20)
Sophia	Howson		Wave One (10:00)
Steph	Davidson		Wave One (10:00)
Steph	Jones	Not Fast, Just Furious	Wave Two (10:20)
Stephen	Hodson		Wave One (10:00)
STEPHEN	WARD		Wave One (10:00)
Stephen	Hatfield	Elite Forces Stockton VAE	Wave One (10:00)
Stephen	Tyson	Will Stop For Cake	Wave One (10:00)
Stephen	Shea	Balls Deep	Wave One (10:00)
STEVE	WRIGHT	Not fast but furious	Wave Two (10:20)
Steve	Callen	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Steve	Jackson	Muddy Madness	Wave One (10:00)
Steven	Foynes		Wave Two (10:20)
Steven	Sadler		Wave One (10:00)
Steven	Wilkins		Wave Two (10:20)
Stuart	Rogers	Team Rogers - Captain	Wave One (10:00)
Suzanne	Brett	Not fast but furious	Wave Two (10:20)
Tammy	Lee	Not fast but furious	Wave Two (10:20)
Thomas	Brown		Wave One (10:00)
Tim	Colebrooke	Team Racedate	Wave One (10:00)
Tom	McCabe		Wave One (10:00)
Tom	Wilson		Wave One (10:00)
Tom	Bevan	Four in the Stink - Captain	Wave Two (10:20)
Tom	Partridge	Not fast but furious	Wave Two (10:20)
Tom	Skelding	Not fast but furious	Wave Two (10:20)
Tom	Williams	Not Fast, Just Furious - Captain	Wave Two (10:20)
Toni	Kirtley		Wave One (10:00)
Toni	Kirtley	TEAM PFC - TOTAL WARRIOR 2018	Wave One (10:00)
Tony	Lambert		Wave One (10:00)
Victoria	Adams	NCT MASSIVE	Wave One (10:00)
Wayne	Croasdell		Wave One (10:00)
Wayne	Laird		Wave Two (10:20)
Yenna	Levack-Venn	Not Fast Just Furious	Wave Two (10:20)
zander	Mackenzie	Will Stop For Cake	Wave One (10:00)
zoltan	monostori		Wave One (10:00)